

*Letters to Women Like Me*

A beautiful collection of letters that remind every woman she is never alone in her becoming.

There are moments that divide our lives into before and after — a diagnosis, a goodbye, a beginning we never saw coming.

In this deeply personal and beautifully written collection, Gina Fogler invites readers into the quiet, transformative space between breaking and becoming. Through heartfelt letters, gentle poems, and reflective prompts, she explores motherhood, illness, healing, and the tender act of returning home to yourself.

Each page offers a companion for the journey — a reminder that softness is strength, that courage can be quiet, and that even in the unraveling, we are still whole.

For every woman who has ever whispered “I’m fine” while holding the world together, these letters are for you.



Letters to women Like me

*Reflections on Motherhood, Healing,  
and the Quiet Work of Hope*

Gina Fogler